



OFFICE FOR THE ADVANCEMENT OF TEACHING
OFFICE OF THE VICE CHANCELLOR FOR ACADEMIC AFFAIRS
UNIVERSITY OF THE PHILIPPINES DILIMAN

Memo No. OAT-OVCAA IDS 25-08

TO : Deans, Directors, and Heads of Academic Units

THROUGH: **Maria Vanessa P. Lusung-Oyzon, PhD**
Vice Chancellor for Academic Affairs

FROM : **Dr. DC. Suarez, PhD**
Director, Office for the Advancement of Teaching

SUBJECT: **Call for participants for k-hubs: Finding Calm and Purpose in Stressful Times**

DATE : 17 July 2025

The Office for the Advancement of Teaching (OAT), under the Office of the Vice Chancellor for Academic Affairs (OVCAA), invites UP Diliman faculty members to participate in **k-hubs: Finding Calm and Purpose in Stressful Times**. Event details are provided below.

- Event: **k-hubs: Finding Calm and Purpose in Stressful Times**
- Facilitator: **Ms. Mary Janneke Agustin**
- Date: **August 5, 2025 (Tuesday)**
- Time: **8:00 am - 12:00 nn**
- Venue: **Room 2, Peralta Hall, UPD DMST Complex**

This start-of-semester workshop is part of the Kalinga Hubs (k-hubs), a safe space for UP Diliman faculty, by the faculty. This initiative was launched as a virtual space for faculty members during the pandemic for sharing stories, experiences, and ideas. We are offering this again to connect faculty members from different units/departments who share the same interests, stories, and hobbies under one hub/space.

Please note that the slots for this workshop are limited and can only accommodate **30 participants on a first-come, first-served basis**. Interested faculty members may register through <https://forms.gle/HFmzJcrhYXk1i1aw5> on or before **30 July 2025 (Wednesday)**. For questions and clarifications, please contact the Office for the Advancement of Teaching at ovcaa.oatdiliman@up.edu.ph (ATTN: Ms Ann VoIP 2562).

Please help us cascade the information about the event and schedule to your faculty so that those interested can join the activity.

Thank you very much.

